



Participant Intake Form
IRB #: 20-472

Docosahexaenoic acid (DHA), eicosapentaenoic acid (EPA), and their effects on adults ages 25-50 years: a 16-week dietary supplement intervention study

Legal name (print)

Date of birth (month, day, year)

E-mail address

Mobile telephone number

Emergency contact (name and relationship)

Emergency contact telephone number

Race and ethnicity

We are collecting this information solely for research purposes. We use this data in connection with factors such as age, sex, and smoking status to observe any differences in study outcomes. **You are not required to disclose this information.** If you have any questions about this item and its use in this study, please contact the study Primary Investigator, Brent Uken (brent@omega3study.com).

Race, listed alphabetically
(check one of the following boxes)

- African American or Black
- American Indian or Alaska Native
- Asian
- Native Hawaiian or Other Pacific Islander
- White or Caucasian
- I do not wish to disclose

Ethnicity: Are you Hispanic or Latino? **
(check one of the following boxes)

- Yes
- No
- I do not wish to disclose

** A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race

Study parameters (please check all that apply)

- Menopausal or post-menopausal
- Pregnant or lactating
- Planning to become pregnant
- Upcoming travel, vacations, or significant life events (within the next 4 months)
- Significant weight loss or gain within the past 30 days
- Use of TBD, CBD, or similar substances
- Consume omega-3 supplements
- Consume oily fish regularly
- Blood or bleeding disorder
- Difficulty having blood samples taken
- Smoke or use tobacco products
- Exercise less than 2 hours per week
- Consume alcohol more than 4 times per week
- Difficulty swallowing pills, softgels, or capsules

Please list any multivitamins, supplements, prescriptions, and over-the-counter medications you are currently taking

Item	Reason for use

Please list any allergies to food, medications, or substances (e.g., latex)

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on adults ages 25-50 years: a 16-week dietary supplement intervention study**

To the best of my knowledge, the information I have provided is true and accurate.

Participant name (print)

Participant signature

Date

Research team member name (print)

Research team member signature

Date

For research team use only

Participant last name, first name:

Participant Driver's License #:

Participant birthdate:

Participant study ID No.

Dates—Visit 1:

Estimated date

Actual date

Dates—Visit 2:

Estimated date

Actual date

Dates—Visit 3:

Estimated date

Actual date